

# TRACK “BUFFET”

## TEAM THINKING

### BUILDING YOUR TEAM

- Turn a group into a team
- No trust, no team
- The keys to dream teams

### ANTICIPATING RESISTANCE

- Increasing the resilience of your teams
- How to manage difficult behaviour in meetings
- Sometimes ‘no’ is better than ‘yes’

### HOW TO MAKE AN IMPRESSION ON MY TEAM

- Boost your optimism
- Consistency as a categorical imperative
- Sustaining effort to strengthen commitment

### GROWING YOUR TEAMS

- Being a manager coach
- How to get employees to commit
- Supporting effort to strengthen commitment

### STRIVING FOR EXCELLENCE AS A TEAM

- Without trust, there can be no team
- The power of collective intelligence
- Managing resilience

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## TEAM THINKING

### FACING ADVERSITY

- The art of questioning
- Non-violent communication
- How to manage difficult behaviour in meetings

### HOW TO OVERCOME FAILURE

- Solve problems as a team
- Be a positive leader
- The power of collective intelligence

### TRUST, THE FOUNDATION OF THE TEAM

- No trust, no team
- The keys to dream teams
- Support the effort to strengthen commitment

### BUILDING A SUCCESSFUL TEAM

- From group to team
- How to put together the ideal team
- Managing intergenerational teams

### FINDING THE BEST SOLUTIONS

- Consensus - Module 2
- The keys to brainstorming
- How to make the right decisions

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## TEAM THINKING

### BOOSTING THE TEAM AFTER A COLLECTIVE FAILURE

- Increasing your teams' resistance to stress
- Managing resilience
- Appreciative approach

### MANAGING DIVERSITY SUCCESSFULLY

- In praise of diversity
- Interculturality and management
- Discover intercultural dimensions (Hofstede)

### OVERCOMING NEGATIVE NEGATIVE FEELINGS

- Sometimes 'no' is better than 'yes'
- How to manage difficult behaviour in meetings
- How to manage resistance to change

### PUSHING YOUR TEAM TO THE TOP

- How to stimulate a taste for effort
- How to solve problems as a team
- Motivate your staff to accept change

### BUILDING A CONCRETE TEAM

- Managing resilience
- Increasing your team's resistance to stress
- Supporting effort to strengthen commitment

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## TEAM THINKING

### BOOSTING MORALE IN TIMES OF CHANGE

- Increase your team's resistance to stress
- Bring your content to life with storytelling
- Make change a success

### UNDERSTANDING THE KEYS TO MANY DISAGREEMENTS

- The keys to self-confidence
- Objection...your horror
- The anatomy of conflict

### PUTTING YOUR TEAM IN THE BEST POSSIBLE CONDITIONS

- Reconciling well-being and teleworking
- Conduct a constructive appraisal interview
- Discover the keys to authentic leadership